

THE DEER CALL



A Family Reflection Guide



Between Instinct & Spirit

 [Watch the story again](#)



Fables Library

The "Quiet Hearth" Discussion with a Child

The Question of Silence:

"When the fawn was hiding in the grass, he was very quiet. Have you ever felt like you had to be very still and quiet? How did your heart feel?"

The Question of the Voice:

"The Crow told the fawn he had to find his voice. What do you think a 'brave voice' feels like? Is it always loud, or can it sometimes be a whisper?"

The Secret:

"Mama Deer led the wolves away because she loved the fawn. Who is someone who makes you feel safe when you are afraid?"

The "Intentional Insight" Concept for the Parent

Reflection:

We often react from instinct: fear, urgency, or stress. This story invites us to pause and act from spirit: love, intention, and purpose.

Practice:

This week, when your child is "frozen" by a fear or overwhelmed by emotion, try to be the "Crow." Instead of solving the problem for them, try reminding them of the strength they already carry.