

ONE BLACK CAT, MANY STORIES



A Family Reflection Guide



Acceptance & Belonging

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Fables Library

A reflection about belonging

Sometimes we may feel small, quiet, or different from everyone around us.

The black cat reminds us that every heart needs a place to rest.

This reflection invites children to notice kindness, welcome, and the quiet courage of being seen.



Try It Together

Sit close together for one quiet moment.

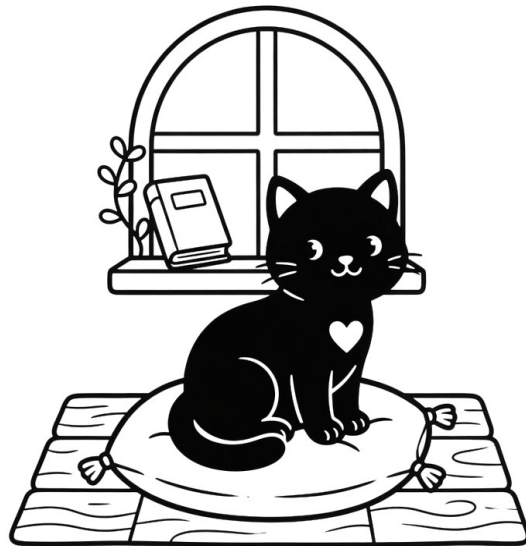
Place one hand gently on your heart.

Take one slow breath. Then another.

Think of someone who helps you feel welcome.

*You can say: **“There is room for me.”***

*Then say: **“There is room for you, too.”***



For Parents

Children have a quiet need to be included:

Some children feel different before they can explain why.

Some children watch from the edge before they are ready to join.

Some children need time before they trust that there is room for them.

Children often understand belonging through tiny signals: a place saved beside someone, a gentle look, a soft voice, a hand reaching slowly, a friend who does not rush them.



Coloring



Where do you see kindness in the picture?

Who made room for the little black cat?

Was the little cat truly alone?

Or was a welcome place quietly waiting nearby?